



VCR MIDDLE EAST

VIDEO CATARACT REFRACTIVE CONFERENCE



1-2 OCTOBER 2026
Hilton Cairo Heliopolis, Egypt

VCR Middle East 2026: Video-Based Learning, Real Cases, Real Decisions

THURSDAY, OCTOBER 1, 2026

08:00 – 09:00

Registration

Meet colleagues, visit the exhibition, and prepare for two days of intensive video-based learning.

VCR Instructional Courses

09:00 – 10:00

Room A

Yamane Step by Step

Speaker: Abdullah Salah Swelem

From Fundamentals to Advanced Rescue Cases

A practical, video-based course covering the principles, nuances, and rescue strategies of scleral fixation using the Yamane technique.

Room B

Mastering Iris Repair

Speaker: Bassem Fayez

Pupilloplasty, Artificial Iris, and Complex Iris Reconstruction

Step-by-step videos demonstrating iris repair techniques and management of challenging iris defects.

Room C

Lenticule Surgery Step by Step

Speaker: Bassem Fayez

Extraction, Enhancement, Implantation, and Beyond

A comprehensive course on lenticule-based procedures, from basic extraction to advanced applications and future directions.

Room D

Phaco Tips and Tricks for Hard Cataracts

Speaker: Mohamed Anbar

Video Pearls for Dense, White, and Brunescant Cataracts



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Room F Dry Eye Management Step By Step

Speaker: Mohamed Shafik

10:00 – 10:30 Coffee Break

10:30 – 11:00

Opening Ceremony

Welcome remarks, congress vision, recognition of distinguished guests, and introduction to the VCR philosophy.



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Session 1

11:00 – 12:00

Precision Lens Implant Planning In Challenging Eyes, Power, Size And Strategy

Clinical cases highlighting challenges in long, short, and post-refractive eyes. Compare traditional formulas, ray tracing, and AI-assisted planning with real postoperative outcomes.

Moderator: Hany Helaly

Time	Speaker	Title	Duration
11:00 - 11:02	Hany Helaly	Welcome & session Introduction	2 min
11:02 - 11:07	Nihal Adel Hasan	Biometry in Myopic Eyes	5 min
11:07 - 11:10	<i>Discussion</i>	<i>Discussion</i>	3 min
11:10 - 11:15	Alaa Elzawawy	Short Eyes: Different Scenarios	5 min
11:15 - 11:18	<i>Discussion</i>	<i>Discussion</i>	3 min
11:18 - 11:23	Rasha Mousa	IOL Planning in a Post-LASIK Case	5 min
11:23 - 11:26	<i>Discussion</i>	<i>Discussion</i>	3 min
11:26 - 11:31	Sherin Shafik	Biometry in Post-RK & Combined RK/LASIK Difficult Cases	5 min
11:31 - 11:34	<i>Discussion</i>	<i>Discussion</i>	3 min
11:34 - 11:39	Marah K. Shelbayh	Aphera IOL in Post-RK Irregular Cornea	5 min
11:39 - 11:42	<i>Discussion</i>	<i>Discussion</i>	3 min
11:42 - 11:47	Ahmed Elmasry	Toric IOL Planning	5 min
11:47 - 11:50	<i>Discussion</i>	<i>Discussion</i>	3 min
11:50 - 11:55	Hany Helaly	AI and Ray Tracing: Modern IOL Power Calculation Formulas	5 min
11:55 - 11:58	<i>Discussion</i>	<i>Discussion</i>	3 min
11:58 - 12:00	<i>Discussion</i>	<i>Closing</i>	2 min



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Keynote lecture A

12:00-12:30

Nihal Adel Hasan

Session 2

12:30 – 13:30

Managing Intraoperative Complications – Real-World Strategies

Daniele Tognetto

Step-by-step video analysis of challenging situations and practical solutions when things do not go according to plan.

VCR Lunch Symposium I

13:30 – 14:30

Industry-Supported Video-Based Educational Session

Focused educational symposium featuring practical case discussions and surgical videos.
Lunch provided.

Moderator Hatem Ammar



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Session 3

14:30 – 15:30

Quality of Vision – Moving Beyond 20/20

Time	Speaker	Title	Duration
14:30 - 14:32	TBA	Welcome & session introduction	2 min
14:32 - 14:37	Meriam Khalaf	The 20/20 unhappy multifocal patient	5 min
14:37 - 14:40	<i>Discussion</i>	<i>Discussion</i>	3 min
14:40 - 14:45	Fares Ishaak	Tolerance to residual refractive error with EDOF IOL	5 min
14:45 - 14:48	<i>Discussion</i>	<i>Discussion</i>	3 min
14:48 - 14:53	Omar Ayman	Blame the lens or blame the pupil? A dysphotopsia detective story	5 min
14:53 - 14:56	<i>Discussion</i>	<i>Discussion</i>	3 min
14:56 - 15:01	Mennah Kamel	The enhancement that was best left undone	5 min
15:01 - 15:04	<i>Discussion</i>	<i>Discussion</i>	3 min
15:04 - 15:09	Noha Fawky	The Long Way Back — Mix-and-Match RLE After Failed Hyperopic LASIK	5 min
15:09 - 15:12	<i>Discussion</i>	<i>Discussion</i>	3 min
15:12 - 15:17	Rania Sobhy	Mix, Match, and Manage Expectations — Presbyopia Correction in Post-LASIK Eyes	5 min
15:17 - 15:20	<i>Discussion</i>	<i>Discussion</i>	3 min
15:20 - 15:25	TBA	Neuroadaptation	5 min
15:25 - 15:28	<i>Discussion</i>	<i>Discussion</i>	3 min
15:28 - 15:30	<i>Discussion</i>	<i>Closing</i>	2 min



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Keynote lecture B

15:30-16:00

Tarek El-Naggar

Session 4

16:00 – 17:00

Complications Unfiltered – Decisions Under Pressure

Time	Speaker	Title	Duration
16:00 - 16:02	Hatem Ammar	Welcome & session introduction	2 min
16:02 - 16:07	Yuri Takhtaev	Piggybag IOL explantation (needs to be edited)	5 min
16:07 - 16:10	<i>Discussion</i>	<i>Discussion</i>	3 min
16:10 - 16:15	Ozana Muraro	Microspherophakia	5 min
16:15 - 16:18	<i>Discussion</i>	<i>Discussion</i>	3 min
16:18 - 16:23	Essam Al Rubaye	Subluxed IOL	5 min
16:23 - 16:26	<i>Discussion</i>	<i>Discussion</i>	3 min
16:26 - 16:31	Mohamed Anbar	Hard cataract and small pupil	5 min
16:31 - 16:34	<i>Discussion</i>	<i>Discussion</i>	3 min
16:34 - 16:39	Bassem Fayez	Late PC rupture	5 min
16:39 - 16:42	<i>Discussion</i>	<i>Discussion</i>	3 min
16:42 - 16:47	Adnan Shallal Ajmi Al Hassani	The IOL choice (needs to be edited)	5 min
16:47 - 16:50	<i>Discussion</i>	<i>Discussion</i>	3 min
16:50 - 16:55	Hesham Atef Abdelrazeq	Wrong implantation	5 min
16:55 - 16:58	<i>Discussion</i>	<i>Discussion</i>	3 min
16:58 - 17:00	<i>Discussion</i>	<i>Closing</i>	2 min



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17:00 – 17:30

Coffee Break

Session 5

17:30 – 18:30

VCR Rising Stars

Videos, Cases and Lessons from Young Ophthalmologists

Speaker Hatem Amar

Speaker Ahmed Assaf

Session 6

18:30 – 19:30

Words Under Pressure – Talking to Patients When Surgery Doesn't Go as Planned.

Speaker: Ahmed ASSAF



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FRIDAY, OCTOBER 2, 2026

08:00 – 08:30

Registration

Session 7

08:30 – 09:30

Ocular Surface Optimization – The Hidden Determinant of Outcomes.

Ahmed Assaf

Session 8

09:30 – 10:30

Corneal Biomechanics & Refractive Planning – The Missing Link,

Moderator: Shady Awwad, Tarek El-Naggar

Panelists: Ahmed Assaf, Ahmed Elmasry

Time	Speaker	Title	Duration
9:30 - 9:35	TBA	Welcome & Session Introduction	5 min
9:35 - 9:37	Tarek El-Naggar	Borderline Topography, Normal Biomechanics: Should We Operate? CBI and TBI in Action	2 min
9:37 - 9:40	Discussion	Discussion	3 min
9:40 - 9:42	Tarek El-Naggar	One Cornea, Three Strategies: LASIK, PRK and SMILE Through the Biomechanical Lens	2 min



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9:42 - 9:45	<i>Discussion</i>	<i>Discussion</i>	3 min
9:45 - 9:47	Tarek El-Naggar	PTA Versus RTA: Which Better Predicts Ectasia Susceptibility?	2 min
9:47 - 9:50	<i>Discussion</i>	<i>Discussion</i>	3 min
9:50 - 9:52	Tarek El-Naggar	Post-LASIK Ectasia: Detecting the Earliest Biomechanical Warning Signs	2 min
9:52 - 9:55	<i>Discussion</i>	<i>Discussion</i>	3 min
9:55 - 9:57	Tarek El-Naggar	Normal Topography, Positive Family History: Can Biomechanics Change the Surgical Plan?	2 min
9:57 - 10:00	<i>Discussion</i>	<i>Discussion</i>	3 min
10:00 - 10:02	Tarek El-Naggar	ICRS and Corneal Biomechanics: Do They Really Improve Biomechanical Stability?	2 min
10:02 - 10:05	<i>Discussion</i>	<i>Discussion</i>	3 min
10:05 - 10:07	Tarek El-Naggar	Customized Corneal Remodeling for Post-LASIK Ectasia	2 min
10:07 - 10:10	<i>Discussion</i>	<i>Discussion</i>	3 min
10:10 - 10:12	Tarek El-Naggar	The Best Surgery Is No Surgery: When Biomechanics Tells Say No	2 min
10:12 - 10:15	<i>Discussion</i>	<i>Discussion</i>	3 min
10:15 - 10:17	Tarek El-Naggar	Eye Rubbing and Corneal Biomechanics: Does Mechanical Stress Matter?	2 min
10:17 - 10:20	<i>Discussion</i>	<i>Discussion</i>	3 min
10:20 - 10:22	Tarek El-Naggar	VAE Types and Their Impact on Corneal Biomechanics	2 min
10:22 - 10:25	<i>Discussion</i>	<i>Discussion</i>	3 min
10:25 - 10:30	TBA	Closing	5 min



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Session 9

10:30 – 11:30

Cataract Grand Round

Speaker: Ahmed Assaf

Live Surgery Session

11:30 – 13:00

Advanced Cataract & Refractive Techniques

Moderator: Ahmed Assaf, Hatem Ammar

13:00 – 14:00

Friday Prayer & Coffee Break

VCR Lunch Symposium II

14:00 – 15:00

Industry-Supported Video-Based Educational Session

Practical educational symposium featuring challenging cases and surgical pearls. Lunch provided.

Moderator: Ahmed Assaf



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Session 10

15:00 – 16:00

Live Surgery Deconstructed – Complications, Decisions, and Alternatives

Moderator: Ahmed Assaf

Time	Speaker	Title	Duration
15:00 - 15:02	Ahmed Assaf	Welcome & Session Introduction	2 min
15:02 - 15:07	Osamah Alhasani	Dense Cataract with Fibrous Plaque	5 min
15:07 - 15:10	<i>Discussion</i>	<i>Replay of the day's toughest intraoperative decision</i>	3 min
15:10 - 15:15	Essam Al Rubaye	Fixoflex scleral fixation	5 min
15:15 - 15:18	<i>Discussion</i>	<i>Panel alternative-technique debate on a replayed step</i>	3 min
15:18 - 15:23	Yuri Takhtaev	White Cataract (needs to be edited)	5 min
15:23 - 15:26	<i>Discussion</i>	<i>Justifying the lens selected live, with alternatives</i>	3 min
15:26 - 15:31	Abdullah Salah Swelem	The Unexpected Moment	5 min
15:31 - 15:34	<i>Discussion</i>	<i>Analysis of anything unplanned from the live session</i>	3 min
15:34 - 15:39	Mohamed Nabil	Fixing Capsular Phimosis	5 min
15:39 - 15:42	<i>Discussion</i>	<i>What the parameters revealed</i>	3 min
15:42 - 15:47	Bassem Fayez	CTR and CTS for Lens Subluxation	5 min
15:47 - 15:50	<i>Discussion</i>	<i>The moment the audience votes to re-examine</i>	3 min
15:50 - 15:55	Ozana Muraro	Iris-Claw IOL	5 min
15:55 - 15:58	<i>Discussion</i>	<i>What they would change tomorrow</i>	3 min
15:58 - 16:00	<i>Discussion</i>	<i>Closing</i>	2 min



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Session 11

16:00 – 17:00

Refractive Surgery in 2026 – Beyond LASIK and SMILE

Speaker: Mohamed Nabil

17:00 – 17:30

Coffee Break

Session 12

17:30 – 18:30

Cataract Grand Round 2

Hatem Ammar



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Session 13

18:30 – 19:30

VCR Video Festival 2026.

Ahmed Assaf

Celebrating the best surgical videos of the year with audience participation and live voting.

Categories

-  Best Surgical Save
-  Best Complication Management
-  Best Educational Video
-  Best Innovation
-  Audience Choice Award

19:30 – 20:00

Closing Session

What Will Change Your Practice Tomorrow?

A rapid-fire, no-slide closing session where faculty members share one practical pearl, one changed belief, or one idea they will immediately implement in their practice.